

STANDARD RELEASE AND INDEMNITY FORM

In consideration of being permitted to sail as a trainee aboard the CHRISTIAN RADICH (hereinafter "vessel"), the undersigned hereby accepts the following conditions:

- I assume the risk of illness, loss of life and/or personal injury as well as loss of or damage to personal effects or other property while onboard the vessel and while embarking or disembarking the vessel.
- I agree to waive any and all claims of liability, loss and/or damage arising out of or in connection with any injury or loss of life as well as any damage to property, including my personal property and the property of my employer. I make this agreement and waiver on behalf of myself, my estate, and my employer.
- I agree that the vessel owners, managers, master, officers, crew and their employees and agents are not under any liability whatsoever, whether statutory or otherwise, and whether or not there be negligence on the part of any of the aforesaid, in respect of loss of life, personal injury and/or loss of or damage to personal effects or other property.
- I further agree to indemnify the _____ and/or her owners, managers, master, officers, crew and their employees and agents against all losses, liabilities, claims and damages arising out of or in connection with my illness, injury or loss of life as well as any and all loss of or damage to property in connection with my attendance and inspection aboard the vessel.
- I confirm that I am not a Jones Act seaman or member of the ship's crew and shall not be entitled to rights given to the ship's crew according to any applicable laws.
- I confirm that I will not carry with me aboard the vessel any contraband or other forbidden substances or products.
- I confirm that I have valid insurance protection to cover me in the event of illness, accident, loss of or damage to property and third party liability while aboard the vessel and while embarking and disembarking the vessel.
- I confirm that I freely signed this Release and Indemnity Form in advance of my sailing aboard the vessel.
- Any and all claims or disputes which may arise regarding this Release and Indemnity Form, including but not limited to any claims for illness, personal injury or death, as well as loss of or damage to personal effects or other property, shall be governed by Norwegian law and any and all disputes are to be decided by the Norwegian Courts to the exclusion of any other law and any other jurisdiction.

Date: _____ Name: _____

Signature: _____

Company : _____

Name of Witness: _____

Witness Signature: _____